

PERFECT DAY®

Dariush Mozaffarian

**PROFESSOR AT THE FRIEDMAN SCHOOL OF NUTRITION SCIENCE
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Dariush Mozaffarian is a cardiologist, Dean, and Jean Mayer Professor at the Tufts Friedman School of Nutrition Science and Policy, and Professor of Medicine at Tufts Medical School. Dr. Mozaffarian has authored more than 400 scientific publications on dietary priorities for obesity, diabetes, and cardiovascular diseases, and on evidence-based policy approaches and innovations to reduce these burdens in the US and globally. He has served in numerous advisory roles, his work has been featured in a wide array of media outlets, and he is one of the most highly cited researchers in science.

Dr. Mozaffarian received a BS in biological sciences at Stanford (Phi Beta Kappa), MD at Columbia (Alpha Omega Alpha), residency training in internal medicine at Stanford, fellowship training in cardiovascular medicine at the University of Washington; an MPH from the University of Washington; and a Doctorate in Public Health from Harvard. Before being appointed as Dean at Tufts in 2014, Dr. Mozaffarian was at Harvard Medical School and Harvard School of Public Health for a decade and clinically active in cardiology at Brigham and Women's Hospital. He is married, has three children, and actively trains as a Third Degree Black Belt in Taekwondo.

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